

EMOTIONAL OVERWHELM RECIPE CARD

Ingredients

- BURY OR DROWN BENEATH A HUGE MASS OF SOMETHING
- A STRONG EMOTIONAL EFFECT

Directions

Journal Note

SHOPPING LIST

DEFEAT

OVERCOME

OVERTRHOW

CONQUER

DESTROY

DROWN

SUBMERGE

INUNDATE

WASTE

ASTONISH

PUZZLE

BEWILDER

CONFOUND